**Title: Subtitle**

INSTRUCTIONS: abstracts should be no longer than 500 words (in English) and could include references. **Please, do not include authors’ names in this document** . Please provide information under the following headings:

**Theoretical background or Context**

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**Aims**

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**Methodology**

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**Results/Findings**

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**Conclusions/Final considerations**

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**References (optional)**

Bibliographic references, presented in alphabetical order, should follow Sixth Edition APA – American Psychological Association - format (http://www.apastyle.org/) and include all the authors mentioned in the text.

Ashwin, P. (2006). *Changing higher education: The development of learning and teaching*. London, England: Routledge.

Barlow, D. H. (2014). *Clinical handbook of psychological disorders: A step-by-step treatment manual*. Retrieved from http://books.google.pt/books?id=FCTyAgAAQBAJ

Craik, F., & Lockhart, R. (1972). Levels of processing: A framework for memory research. *Journal of Verbal Learning and Verbal Behavior*. Retrieved from http://www.sciencedirect.com/science/article/pii/S002253717280001X