

Mortality prediction scores in burn patients – a comparative analysis

Gonçalo Tomé¹, Luís Cabral^{1,2}, José M. Azevedo¹, Inês Catalão¹, Vera Afreixo²

¹Department of Plastic Surgery and Burns Unit, Coimbra University Hospital Centre (CHUC), Av. Bissaya Barreto s/n, 3000-075 Coimbra, Portugal

²Autonomous Section of Health Sciences (SACS), University of Aveiro, Aveiro, Portugal

Introduction:

The aim of this study was to assess and to compare the accuracy of different mortality prediction models used in the burn population from a tertiary Burn Unit (BU), taking in account the clinical and demographic characteristics of survivors and non-survivors.

Methods:

A retrospective study of adult burn patients admitted to a BU in a 5-year period was performed. Toxic epidermal necrolysis and polytraumatized patients were not included. Mortality rate was assessed. Survivors and non-survivors clinical and sociodemographic characteristics were analyzed and compared. Four models were included, namely Abbreviated Burn Severity Index (ABSI), Belgian Outcome in Burn Injury (BOBI), revised-Baux and Ryan model. Observed and predicted mortality were compared using Hosmer-Lemeshow test for models goodness-of-fit, receiver operating curves (ROC) and area under curve (AUC) for discriminative performance evaluation.

Results:

The sample was composed by 641 patients, from which 58,2% were male. Patients mean age was 60.02 ± 18.97 years and total burned surface area (TBSA) was 12.94 ± 15.11 %. Third degree burns were present in 71% and inhalation injury in 12.3%. Observed mortality rate was 9.4% (n=60). Non-survivors were significantly older (73 vs. 60 years; $p < 0.001$), had a larger TBSA (27.75 vs. 7%; $p < 0.001$), higher frequency of third-degree burns (96.7 vs. 68.3%; $p < 0.001$) and inhalation injury (31,7% vs. 10,3%; $p < 0.001$), but no gender significant difference was verified. All models demonstrated an adequate goodness-of-fit, all with p-values > 0.05 in Hosmer-Lemeshow test assessment. Revised-Baux (AUC 0.870 ± 0.025), ABSI (AUC 0.850 ± 0.026) and BOBI (AUC 0.831 ± 0.026) have demonstrated good discriminative power and Ryan model (0.774 ± 0.030) was only moderate.

Discussion:

The four models revealed proper predictive performance, with revised-Baux presenting as the most accurate model for mortality prediction. Their use in the BU represents a practical and valuable tool for risk stratification, treatment appropriateness and improve the burns care quality control.

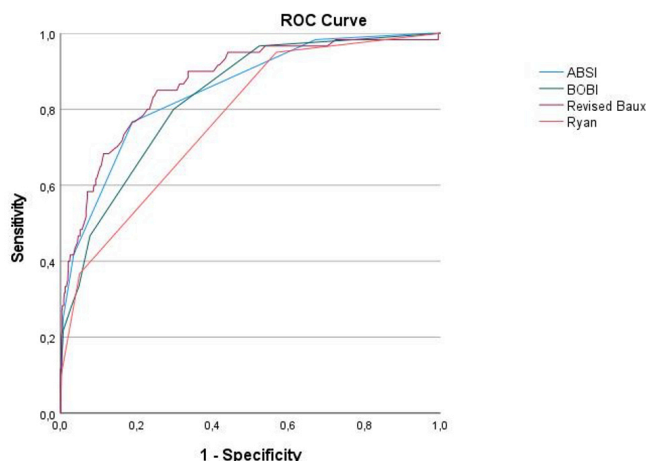


Figure 1 - Mortality Prediction Models ROC Curve

Keywords:

Burns, Mortality, Injury Severity Score

Corresponding author:

Gonçalo Tomé
goncalo.tcf@gmail.com

Conflict of interest:

The authors declare no conflict of interests

First published: 20JUL2022



© 2022 The Authors. This is an open access article distributed under CC BY license, which license allows reusers to distribute, remix, adapt, and build upon the material in any medium or format, so long as attribution is given to the creator. The license allows for commercial use (<https://creativecommons.org/licenses/by/4.0/>).

